

**M**ountain

**P**ark

**A**thletic

**A**ssociation

**C**heerleading

## 2008 General Cheerleading Information



**PLEASE READ THIS INFORMATION CAREFULLY**

**TO ENSURE BALANCED SQUADS, REQUESTS FOR SQUAD  
PLACEMENT WILL NOT BE ACCEPTED**

## Welcome

Welcome to the Mountain Park Athletic Association (MPAA) cheerleading program. The MPAA program is governed by the Gwinnett County Football League (GFL). Should you have questions or require additional information regarding the program, you may call **after 6:00 p.m.** Please be courteous when calling or leaving a message.

Thank you in advance for your help and cooperation so that all squads and teams may enjoy working and having fun together.

**Stephanie West**  
**MPAA Cheerleading Director**  
**404.310.2303**

**Allison Madonia**  
**Assistant MPAA Cheerleading Director**  
**678.457.0501**

## Registration

Register your cheerleader for the grade level they will be in **this** fall (2008 School Year).

Signing the MPAA and GFL registration forms indicates that you agree, understand, and will abide by the rules and regulations of the GFL and MPAA. This includes the GFL Code of Conduct, MPAA Code of Conduct, and the rules, regulations, and obligations in this packet.

Only parents or legal guardians showing proof of guardianship will be permitted to register their cheerleader. Any cheerleader registered with an illegal signature will be removed from the roster.

## Payments

Mountain Park will **NOT** accept Personal Checks; therefore all fees will need to be paid with CASH, MONEY ORDER or CREDIT CARD. Payments for registration and/or uniform fittings are to be made in full at the time of registration and/or fittings.

The registration fee is **\$210.00**. The registration fee will include Cheer Camp, stunt and safety camp, camp outfit, shoes, and the rain jacket and the activity fee to cover pep rallies, banquet costs, trophies, and other gifts.

In addition to the payments above, there will be additional costs related to uniforms and accessories,. The additional costs will be collected on the uniform fitting day. See Uniform Fittings, Accessory Purchases, and Clinic Registrations for more information.

MPAA is always willing to work with parents to ensure the cheerleading experience is positive and affordable. If you need assistance, please contact the MPAA Cheerleading Director.

## Regulations and Obligations

The use of drugs, alcohol, or tobacco products is strictly prohibited on any of the Gwinnett County Parks and Recreation properties. Violation of this rule could result in parents or spectators being banned from county properties as well as your cheerleader being removed from their squad. In addition, Law Enforcement Authorities could become involved.

Our staff is comprised of very hardworking **volunteers**, and courtesy toward them is expected. Parents are asked to display a respectful attitude of conduct toward all members of the cheerleading staff as specified in the MPAA and GFL Codes of Conduct. They are asked to speak privately and tactfully should they have questions or concerns. Any unresolved matters may be brought to the attention of the Cheerleading Director.

As this program is for our children, we must behave responsibly in order to set a good example for them. Any display of unsportsmanlike conduct by parents or spectators will be addressed by the GFL representative at the field.

Parents are responsible for relaying the information in the MPAA and GFL Codes of Conduct to their children.

The cheerleaders are to demonstrate exemplary behavior when they are in their MPAA uniform. Remember, we are representatives of the Parkview Cluster.

Each squad will be scheduled concession stand/gate duty. Detailed information regarding this obligation is located in the cheerleading section on the MPAA website ([www.plaympaa.com](http://www.plaympaa.com)). The concession stand/gate duty rules are also listed at the end of this document.

In the event a squad splits, it will occur before the first football game of the season. Once a squad is split, placement is final, and no changes will be made. Parents are not permitted to request their cheerleader's placement on a particular squad. Consideration may be given when placing twins or other siblings on squads.

Parents should make the Squad Advisor aware of any twin or sibling situations prior to July.

## Practice and Game Obligations

Being on a cheerleading squad takes practice, the same as with other sports and all children will be expected to attend practices. Practices will be Tuesday and Thursday. Times will vary for different age groups. After the cheerleaders have learned their dance routine and half-time routines, the practices may be changed to one per week.

Thursday practices are the most important, because this is the day that the game day activities, lineup, and half-time routine are set. If your cheerleader misses Thursday practice, it will affect the game routine. In the event a Thursday practice is missed, the cheerleader should meet with another squad member to learn the routine and setup for the next game or they may be asked to sit out during the halftime routine.

It is important that your cheerleader be on time for practices and games. If your cheerleader must miss a practice or game, you are asked to call your Advisor or Team Mom prior to the event.

No cheerleader will be asked to sit out an entire game due to parent's inability to ensure they are on time for practices and games. However, if the cheerleader is late to the game, they will be asked to sit out the time remaining in the current quarter and/or not be allowed to participate in the half-time routine. It would be helpful if you would make arrangements to accommodate your cheerleader's schedule during the season.

**Each mascot (regardless of grade cheering with) and all 1<sup>st</sup> thru 5th grade cheerleaders must have a parent or other responsible adult stay with them during ALL cheerleading events, for example, practices, games, and clinics. Should you work out car pooling arrangements, your Advisor and Team Mom will need a permission slip and phone numbers where a parent can be reached in case of an emergency.**

Parents of 6<sup>th</sup> through 8<sup>th</sup> graders are not required to stay at practice but are strongly encouraged to do so. The parent or responsible adult must return to the practice location 15 minutes before practice ends to pick up their cheerleader and receive important updates regarding upcoming events, schedules, or schedule changes.

It is **very important** that you arrive **on time** for pick up; we are all mothers with family responsibilities and need to get home. **You must come to the practice site to pick up your child.** The child, **regardless of age**, will not be released to find you or to wait for you in the parking lot.

Should you work out car pooling arrangements, your Advisor and Team Mom will need permission slip and phone numbers where a parent can be reached in case of an emergency.

In the event you are late in picking up your child without notification to the Advisor or Team Mom, starting with the 2<sup>nd</sup> occurrence, you will be subject to a fine of \$25. The fine must be paid in cash. Failure to pay the fine will result in your child not being allowed to participate in the game on Saturday or any subsequent practice or games until the fine is paid.

If weather becomes inclement, parents should report to the practice location immediately to pick up their child.

## **Cheerleading Uniforms and Accessories**

On the uniform fitting day, measurements for the uniforms will be taken by a company representative. The representative will make recommendations as to the sizes; however, the final decision as to the size to order will be that of the parent or legal guardian as there are no guarantees regarding the fit of a uniform. Practice uniforms and accessories will be ordered at the uniform fitting.

On the uniform fitting day, cheerleaders will be changing in a large room without private dressing areas. It is best if mothers attend, as dads will be asked to remain outside. Cheerleaders should wear a one piece bathing suit or leotard under their clothing so changing will not be a problem.

**THIS IS MANDATORY**

Uniform Fittings      **May 10, 2007.** 10A – 4 PM Mountain Park Depots  
**May 17, 2007.** 10A - 4 PM Mountain Park Depot

**Please note:** Payments are to be made in full at the time of registration and/or fittings. There are no refunds after the uniform fitting. The clothing and financial responsibility are yours.

## Prices for Uniform Pieces for 2008 season

Parkview Cheerleading Clinic	\$30.00	Included in registration
Stunt and Safety Clinic	\$15.00	Included in registration
<b>New Uniform Set</b>	\$170.00	Includes (shell, skirt, slimmer, briefs, and pom poms)
Shell Top ( <b>only</b> )	\$60.00	
Skirt ( <b>only</b> )	\$45.00	
Body Slimmer ( <b>only</b> )	\$35.00	
Briefs	\$10.00	<b>Required for each Cheerleader</b>
Pom Poms	\$20.00	<b>Required for each Cheerleader</b>
T-Shirt	\$13.00	One is Included in registration
Shorts	\$13.00	One is Included in registration
Socks	\$7.00	One is Included in registration
Poncho	\$9.00	One is Included in registration
Stunt Shoes	\$37.00	One pair is included in registration
8 <sup>th</sup> grade Spirit Shirt		<b>Required for 8<sup>th</sup> grade</b>
Wind Suit Set	\$60.00	<b>Required for each Cheerleader</b>

## Cheerleading Clinics

The **Parkview Cheerleading Booster Club** will host a four-day clinic at the Parkview High School football field on **July 28 thru July 31**. It is open to any child who is registered in the MPAA Cheerleading Program.

The clinic will be at 6:30 - 8:30 p.m. each night. On the final night at 7:30 p.m., there will be a short program, weather permitting, for families and friends. The cheerleaders will exhibit what they learned.

For insurance purposes and to ensure a safe and successful clinic, the following guidelines and information must be observed.

- Parents of mascots and 1<sup>st</sup> and 2<sup>nd</sup> graders are to bring their cheerleaders to the field at 6:15 p.m. The mascots and 1<sup>st</sup> and 2<sup>nd</sup> graders are **not** to be left unsupervised. Either the parent or a person responsible must remain at the stadium for the duration of the clinic each night. Should car pooling be arranged, your Advisor and Team Mom will need a permission slip and phone numbers where a parent can be reached in case of an emergency.
- Parents of 3<sup>rd</sup> - 8<sup>th</sup> graders may drop off and pick up their cheerleader at the lower parking lot gate. Pick up time is 8:20 - **be prompt**. Please do not ask for your child to be picked up at any other location. Should car pooling be arranged, your Advisor and Team Mom will need a permission slip and phone numbers where a parent can be reached in case of an emergency.
- Anyone wishing to stay may do so, but they must sit in the stadium bleachers.
- No one other than the cheerleading staff and cheerleaders is allowed on the track.
- Per GFL rules, cheerleaders may **not** wear jewelry. This rule prohibits band-aids over newly pierced ears.
- Hair must be neatly pulled back from the face.
- Cheerleaders will not be allowed on the field without clinic fees being paid and a signed permission slip from a parent or guardian.
- After **June 1st**, a refund will **not** be given except in the case of illness (doctor's excuse required), a death in the family the week of the clinic, or prior written notification to the Director of Cheerleading. No refunds will be returned after the August 15<sup>th</sup> date. If your cheerleader withdraws from the clinic after the start of the clinic, the cost will be considered a donation to Mountain Park Athletic Association.
- Due to the extreme heat in August, it is suggested that cheerleaders have only a light snack prior to clinic.
- Each cheerleader is to bring a water bottle containing **water only** (to avoid bees).
- Insect repellent is strongly suggested.
- Bathroom facilities are limited.

## **Cheerleading Clinics, continued**

There will be stunt and safety clinic for each of the cheerleaders to participate in, this will provide each child with the proper and safe way to build the stunts that each age group is allowed to perform. All age groups will attend and will be taught stunt and safety issues. The date for this clinic is **August 2nd**.

After **June 1**, a refund will **not** be given except in the case of illness (doctor's excuse required), a death in the family the week of the clinic, or prior written notification to the Director of Cheerleading. No refunds will be returned after the August 15<sup>th</sup> date. This cost will be considered a donation to Mountain Park Athletic Association.

MPAA has always made an effort to set the standards for stunting safety, and has for a number of years provided a stunt and safety clinic. Additionally, GFL expects all Gwinnett Park Associations to provide professional assistance and training related to stunting formations.

The stunt and safety clinic will provide training on how to mount, dismount, execute, and safely perform the stunts permitted under GFL guidelines. Cheerleaders will be trained in base, fly, and spotter positions, each position being equally important.

## Cheerleading Concession and Gate Duty

1. Each Team is required to provide workers (18 years or older) to work concession and/or gate duty for each of their home game weekends. The specific duty, whether gate or concession, will be assigned on the day of duty when the adult **signs in at the concession stand.**
2. Parents need to report and sign in at the concession stand **15 minutes** prior to the start of your shift. At the time of sign-in, the work position will be assigned. Assignments are given on a first come first serve basis. Therefore if you require a specific assignment you need to be on time! If you are late, you will be assigned any outstanding positions.
3. **No** children are allowed inside the concession stand or outside the door. This is for your child's safety. If you bring your child or children you will be asked to leave and this will be treated as a "No Show" and the fine listed in #7 will be imposed.
4. When you are working you are allowed fountain drinks. **ALL FOOD AND CANDY IS TO BE PAID FOR!!!!**
5. Referees will receive complimentary drinks; however they **must pay** for their food.
6. Each team will be allowed **TWO (2) of the 7 adults per team per date** to "buyout" their concession/gate duty. This will be done on a first come first serve basis.
  - a. Notify your Team Mom **ONE WEEK** (7days) prior to your scheduled concession duty. If you miss this deadline, it is your responsibility to find an adult to work in your place. If you fail to do so you are subject to the fine listed below in #7.
  - b. The "buy-out" must be paid in **CASH** by Thursday before the game on Saturday. The "buy-out" amount is **\$30.00**
  - c. **NO** "buyouts" will be allowed after Thursday. This includes the day of duty.
7. If you fail to show up for concession or gate duty and were not one to opt for the buyout, you will be fined **\$50.00**.
  - a. Fine must be paid in cash by the Thursday before the next Saturday game.
  - b. Failure to pay the fine will result in your child not being allowed to participate in the game on Saturday or any subsequent games until the fine is paid.

## Mountain Park Athletic Association Cheerleading Parent Requirement

I have read and understand the information contained in the 2008 Registration Information package. By signing this form, I understand and agree to the following:

- To follow the rules of Mountain Park Athletic Association, including the Code of Conduct and the Regulations and Obligations contained in the Registration Information.
- To follow the rules of the Gwinnett Football League, the governing body of all Gwinnett County Youth Football and Cheerleading Associations, including the Code of Conduct.
- If I choose not to follow said rules, I will be subject to explanation to the Mountain Park Board of Directors.
- I will pay all monies owed to Mountain Park.
- I will ensure that my child understands the rules of the park as well.
- It is my responsibility to ensure my child is on time for practices and scheduled events.

I fully understand there are safety risks involved in stunting and tumbling. I agree not to hold any member of the Mountain Park Athletic Association Board of Directors or Cheerleading Staff (including Advisors and Team Mothers), Gwinnett Football League (GFL), Parkview High School Coaches, Parkview High School, or Force Cheerleading Staff responsible for any accidents or injuries involving my cheerleader that may occur.

**Cheerleader Name** \_\_\_\_\_  
Print First and Last

**2008 Grade in Fall** \_\_\_\_\_

\_\_\_\_\_  
Print Parent or Legal Guardian Name

\_\_\_\_\_  
Signature Parent or Legal Guardian

\_\_\_\_\_  
Date